

MONDAY NIGHT TRACK LEAGUE

Program 5th October 2026

2 Groups

First warm up		7:00 -7:05pm		First Aid provided by.	7	19:01	
Second warm up		7:06-7:11pm		 COMMUNITY MEDICS PUTTING COMMUNITY FIRST	7	19:08	
Racing to start 7:15pm if warm up is completed a few minutes early. Please be ready.							
Group 2		12 lap Course de Primes	1 track league point per lap plus 3,2,1 last lap		5	19:15	
Sprinters		Match sprints			6	19:20	
Group 2		16 Lap Scratch race	Bonus track league points on the whistle at half distance		8	19:26	
Group 1		30 lap Scratch race	Bonus track league points on the whistle at half distance		12	19:34	
Sprinters		Match sprints			6	19:46	
Group 2		15 Win and out sprints every 3 laps			7	19:52	
Group 1		30 Win and out sprints every 5 laps			13	19:59	
Sprinters		Match sprints			6	20:12	
Group 2		36 lap points race sprints every 6 laps	5, 3, 2, 1, points double points on last lap. 10 points for a lap gained or lost.		14	20:18	
Group 1		50 lap points race Sprints every 10 laps			18	20:32	
			Monday Night Track League. Sponsor required				
Group 2		Monday night Mile, 6 lap scratch			5	20:50	
Group 1		Monday night Mile, 6 lap scratch			5	20:55	
Sprinters		Match sprints			6	21:00	
Group 2		Elimination.	One rider out every lap after the free lap 3 to sprint		10	21:06	
Group 1		Elimination.			8	21:16	
Sprinters		Match sprints			6	21:24	
Group 2		25 lap scratch race	Bonus track league points on the whistle at half distance		12	21:30	
Group 1		40 Lap scratch race maybe 50 laps			18	21:42	
	Group 2	Potential number of laps	130			0	22:00
	Group 1	Potential number of laps	166/176				
Welcome to the second half of the 2026 season of Monday Night Track If you think you are in the wrong group please see Paul					179		