

MONDAY NIGHT TRACK LEAGUE

Program 5th October 2026

3 Groups

First warm up		7:00 -7:05pm		First Aid provided by.	7	19:01
Second warm up		7:06-7:11pm		 COMMUNITY MEDICS PUTTING COMMUNITY FIRST	7	19:08
Racing to start 7:15pm if warm up is completed a few minutes early. Please be ready.						
Group 3		10 lap Course de Primes	1 track league point per lap plus 3,2,1 last lap		5	19:15
Sprinters		Match sprints			6	19:20
Group 3		12 Lap Scratch race	Bonus track league points on the whistle at half distance		6	19:26
Group 2		20 Lap Scratch race			9	19:32
Group 1		25 lap Scratch race	Bonus track league points on the whistle at half distance		10	19:41
Sprinters		Match sprints			6	19:51
Group 3		12 Win and out sprints every 3 laps			6	19:57
Group 2		20 Win and out sprints every 4 laps			8	20:03
Group 1		30 Win and out sprints every 5 laps			13	20:11
Sprinters		Match sprints			6	20:24
Group 3		24 lap points race sprints every 6 laps	5, 3, 2, 1, points double points on last lap. 10 points for a lap gained or lost.		10	20:30
Group 2		36 lap points race sprints every 6 laps			14	20:40
Group 1		50 lap points race Sprints every 10 laps			18	20:54
Group 3		Monday night Mile, 6 lap scratch	Monday Night Track League. Sponsor required		5	21:12
Group 2		Monday night Mile, 6 lap scratch			5	21:17
Group 1		Monday night Mile, 6 lap scratch			5	21:22
Sprinters		Match sprints			6	21:27
Group 3		15 lap scratch race	Bonus track league points on the whistle at half distance		6	21:33
Group 2		20 lap scratch race			9	21:39
Group 1		30 Lap scratch race maybe 40 laps			12	21:48
Group 3		Potential number of laps	79			
Group 2		Potential number of laps	102			
Group 1		Potential number of laps	141/151			
		 COMMUNITY MEDICS PUTTING COMMUNITY FIRST				
Welcome to the second half of the 2026 season of Monday Night Track League					179	