

MONDAY NIGHT TRACK LEAGUE

Program 7th September 2026

First warm up	7:00 -7:05pm		First Aid provided by.
Second warm up	7:06-7:11pm		



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Racing to start 7:15pm if warm up is completed a few minutes early. Please be ready.

Group 2		12 lap Course de Primes	1 track league point per lap, 2, 1.5, 1 last lap
		5 Mins between your first 2 races	
Group 2		16 Lap Scratch race	Bonus track league points on the whistle at half distance
Group 1		16 lap Course de Primes	2 track league point per lap 5,3,2 last lap

Sprinters Match sprints

Group 2		15 Win and out sprints every 3 laps	
Group 1		30 Win and out sprints every 5 laps	

Sprinters Match sprints

Group 2		20 lap points race sprints every 5 laps	5, 3, 2, 1, points double points on last lap. 10 points for a lap gained or lost.
Group 1		40 lap points race Sprints every 10 laps	
Group 2		Monday night Mile, 6 lap scratch	Monday Night Track League. Sponsor required
Group 1		Monday night Mile, 6 lap scratch	

Sprinters Match sprints

Group 2		25 lap points race sprints every 5 laps	5, 3, 2, 1, points double points on last lap. 10 points for a lap gained or lost.
Group 1		40 lap points race Sprints every 10 laps	

Sprinters Match sprints

Group 2		Monday night Mile, 6 lap scratch	Monday Night Track League. Sponsor required
Group 1		Monday night Mile, 6 lap scratch	

Sprinters

Group 2		16 lap scratch race	Bonus track league points on the whistle at half distance
Group 1		40 Lap scratch race	

Sprinters



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Welcome to the second half of the 2026 season of Monday Night Track League.
If you think you are in the wrong group please see Paul Jones.